



Alberta Amputee Sports & Recreation Association

P.O. Box 86093 Marda Loop RPO

Calgary, AB T2T 6B7

May 31, 2023

www.aasra.ab.ca

AASRA Quarterly Update – May 2023

It's summer!! (But, oh those fires and that smoke)

Thankfully we're fully into the summer season and all enjoying outdoor activities – weather and air quality permitting. Q: What do you call it when an amputee does karate? (Read on for the answer)

WE NEED YOUR INPUT. The AASRA board of directors does its best to deliver benefits and opportunities that meet the needs of all members. If there's anything that you'd like to see addressed or any suggestions you'd like to make please send a message with a few details to info@asra.ab.ca or director1@asra.ab.ca or simply reply to the message that this newsletter was sent out on.

In This Update:

- **Top News – 2023 AASRA Amp Open – Enter online!**
- **Feature Story – Wheelchair Curling Demonstration and Clinic**
- **AASRA 2023 Annual General Meeting**
- **International Adapted Golf Opportunities**
- **Paralympic Sports Association**
- **Casino Update**
- **Stephan Vindis – Sad and untimely member loss**
- **Member opportunities**

Top News: AASRA Amp Open Golf Tournament

The 2023 edition of the **AASRA Amp Open** golf tournament is now available for registration. For the first time this year, registration may be done online at <https://www.aasra.ab.ca/amp-open-2023> where you'll also find a complete tournament description including host hotel details.

The Amp Open will take place on July 15 and 16 at the Broadmoor Golf Course in Sherwood Park, Alberta. If you'd prefer to register my email or regular mail you may do so using these forms:



2023 Annual Alberta
Amputee Open Regis1



2023 Alberta
Amputee Open 2023 I



2023 Alberta
Amputee Open Spons

You'll notice that in addition to the registration form and information sheet we've also included a Sponsorship Form. If you know of an individual or company that may consider sponsoring the Amp Open in any way please use this form to make it easy for them to do so. Any form of sponsorship or support whether it be monetary, or material (prizes) would be sincerely and greatly appreciated.

See you **ALL** at the **Amp Open!!**

Feature Story: Wheelchair Curling

AASRA member **Wendy Frazier** along with a couple of her teammates demonstrated wheelchair curling to a group of kids and adults with disabilities at Winsport through the Abilities Hub on March 12. As it was not feasible to get out on actual ice, a floor curling set was used.

One never knows who participants may be. AASRA member **Chealsea Coates** was a participant. Hopefully we'll see her come out and participate in wheelchair curling next season!

Wendy says "It was such an honour to share the passion of one of my sports with kids and hopefully see them get more involved with sport and become our future paralympians or special Olympians".

Thanks for leading a great event Wendy!



2023 AASRA Annual General Meeting

AASRA's 2023 Annual General Meeting was held at the Alberta Sports Hall of Fame and Museum in Red Deer on April 23, 2023. It was very enjoyable to get together with a few people at that location and also on the video link that was provided for remote participants.

The meeting minutes from the AASRA 2023 AGM along with the 2022 Financial Report will be available soon on the AASRA website.

Many thanks to those who participated in this event and to those who sent in their proxy forms ahead of time.

International Adapted Golf Opportunities

Following up on a recent message sent to all AASRA members, this is a reminder that some terrific opportunities exist in 2023 for those who'd like to participate in competitive golf at an international level. Here's a recap of the events:

Players will be required to have an Access Pass or WR4GD Pass registered with EDGA which is free to apply for at <https://edgagolf.com/online/pass/index.php>

All AASRA members can use their Recreational Funding to pay for their Golf Canada membership and they can also apply for funding to attend these events.

Golf BC All Abilities at McCleery Golf Course in Vancouver June 12-13, 2023.

The link below will send you to the page for more info

<https://www.golfgenius.com/pages/9263945669784160483>

Golf Alberta All Abilities at McCall Lake in Calgary – August 8 – 9th, 2023.

The link will send you to the page for more info.

<https://www.golfgenius.com/pages/9216883639088892058>

Golf Canada All Abilities at the Kamloops Golf Club in Kamloops Sept 13 – 15th, 2023

The link below will send you to the page for more info.

<https://www.golfgenius.com/pages/9352959553014122766>

It would be great if we could have a strong showing of AASRA members at these events especially our Alberta All Abilities in Calgary. AASRA members can apply for funding to attend these events to offset the costs. If you have any questions at all, please contact Vic McClelland at President@aasra.ab.ca

Paralympic Sports Association (PSA)

AASRA receives notices from the **Paralympic Sports Association or PSA** about events and activities that they're conducting that may be of interest to members of AASRA. PSA has been around since 1965 "*...providing adaptive recreation and sports programs in Alberta.*" AASRA encourages its members to take advantage of PSA opportunities and would remind them that costs to participate can usually be claimed back as part of their membership benefits.

Occasionally PSA newsletters and other information will be forwarded to AASRA members however, for a complete and up-to-date source of information about their activities it would be best for AASRA members to sign up for their messages directly. The PSA website can be found at <https://www.parasportsab.com/>

The May edition of the PSA newsletter is attached to the message this newsletter was sent out on.

Casino Update

AASRA's main source of income is Casino events. Casinos are allocated to AASRA about once every 16 months. The next casino our association will be asked to work will be in the third quarter of 2023.

Casinos require a slate of volunteers to fulfil our obligation and obtain this important and significant funding. Requests for volunteers will come out several weeks or months prior to the event so please consider getting involved. All expenses incurred by AASRA members for the purpose of volunteering for a casino will be reimbursed.

STEFAN VINDIS – Sad Loss of an AASRA Member

With a great deal of sadness, we learned of the unexpected passing of AASRA member **Stephan Vindis** on April 6, 2023. It was recently reported in this newsletter that Stefan was an integral and important member of the Alberta Wheelchair Curling Team 2. Stefan will certainly be missed and our condolences and warm wishes to out to his family. Here's a picture of Stefan on the ice:



AASRA Member Opportunities

AASRA is run by a volunteer team of people serving as directors, clinic coordinators, casino workers and in other positions. It's up to all of us as members to contribute what we can to ensure the health and well-being of the association that we directly benefit from. ***We always need more help*** and appreciate the contribution that many of you have made and intend to make in the future.

To volunteer or inquire about any opportunities or, to suggest others who may be please contact any member of the AASRA board of directors or send an email to info@asra.ab.ca or reply to the message that this newsletter was sent out on. ***Thanks for your contribution and support!***

In closing ...

Please stay involved with AASRA to stay fit, healthy, and active. If you can, please volunteer for one or more of the fun, fulfilling activities that will continue to make our organization strong!

For more information about the items in this newsletter please email info@asra.ab.ca or reply to the message that this document came out on.

On behalf of the board of directors of the Alberta Amputee Sports and Recreation Association,

Terry Shwetz

Membership Coordinator and Director-At-Large

Director1@asra.ab.ca

Q: What do you call it when an amputee does karate? A: Partial arts 😊